# Shifting Boundaries: Lessons on Relationships for Students in Middle School

## Curriculum

May 2012

### Settings

*Meant for the classroom, but could be used after school in clubs.

*It could also be used with other intact groups within a community.

### Intended Audience

Youth (specifically Grades 6 & 7)

### Strategies

*Lecture – six-session curriculum, supplemented with PBS video clips; portions can also be assigned as homework*

Grade 6 lessons include:
- What is a Boundary?
- Measuring Personal Space
- DVD Segment/Respecting Boundaries Agreement
- Mapping Safe and Unsafe Spaces at School

Grade 7 lessons include:
- What is a Boundary?
- Measuring Personal Space
- Big Deal or No Deal
- DVD Segment/Respecting Boundaries Agreement
- “Says Who” questionnaire/“What Can I Do?” Tips
- Mapping Safe and Unsafe Spaces at School

*Incident Report and Corrective Action plan for students who violate boundaries*

*Small group discussions – includes exercises*

*Posters – intended to increase awareness and reporting violence to school personnel*

*Youth Leadership – there are no active youth leadership opportunities, however, more youth participation in addressing solutions for “hot spots” identified by school mapping could address this gap.*

### Cultural Competency

The overall impact could be broadened by: addressing racism, ableism, classism, adultism/ageism, nationalism and heterosexism at an age-appropriate level.